

## PDHPE

YEAR 9 – Term 2 exam 5.1, 5.6

YEAR 10 – Term 2 exam 5.6, 5.7

- 5.1 analyses how they can support their own and other's sense of self
- 5.2 evaluates their capacity to reflect on and respond positively to challenges
- 5.3 analyses factors that contribute to positive, inclusive and satisfying relationships
- 5.4 adapts, transfers and improvises movement skills and concepts to improve performance
- 5.5 composes, performs and appraises movement in a variety of challenging contexts
- 5.6 analyses attitudes, behaviours and consequences related to health issues affecting young people
- 5.7 analyses influences on health decision making and develops strategies to promote health and safe behaviours
- 5.8 critically analyses health information, products and services to promote health
- 5.9 formulates goals and applies strategies to enhance participation in lifelong physical activity
- 5.10 adopts roles to enhance their own and others' enjoyment of physical activity

## DANCE

YEAR 9 and 10 – Term 2 exam 5.1.1, 5.2.1

- 5.1.1 demonstrates an understanding of safe dance practice and appropriate dance technique with increasing skill and complexity in the performance of combinations, sequences and dances.
- 5.1.2 demonstrates enhanced dance technique by manipulating aspects of the elements of dance.
- 5.1.3 demonstrates an understanding and application of aspects of performance quality and interpretation through performance.
- 5.2.1 explores the elements of dance as the basis of the communication of ideas.
- 5.2.2 composes and structures dance movement that communicates an idea.
- 5.3.1 describes and analyses dance as the communication of ideas within a context.
- 5.3.2 identifies and analyses the link between their performances and compositions and dance works of art.
- 5.3.3 applies understandings and experiences drawn from their own work and dance works of art.

## PASS

YEAR 9 and 10 – Term 2 exam 4.4, 4.2

- 1.1 discusses factors that limit and enhance the capacity to move and perform
- 1.2 analyses the benefits of participation and performance in physical activity and sport
- 2.1 discusses the nature and impact of historical and contemporary issues in physical activity and sport
- 2.2 analyses physical activity and sport from personal, social and cultural perspectives
- 3.1 demonstrates actions and strategies that contribute to enjoyable participation and skilful performance
- 3.2 evaluates the characteristics of enjoyable participation and quality performance in physical activity and sport

- 4.1 works collaboratively with others to enhance participation, enjoyment and performance
- 4.2 displays management and planning skills to achieve personal and group goals
- 4.3 performs movement skills with increasing proficiency
- 4.4 analyses and appraises information, opinions and observations to inform physical activity and sport decisions